



Users Manual

Installation Documents

LOCATION INSTRUCTIONS

1. Swimtether™ Systems are recommended to be installed at the shallow end of the pool. If the pool has a flat deck without a raised edge, install Swimtether™ 4"-6" back from the edge or lip. (Fig. 1)
2. If the pool has a raised edge or lip, we recommend installing your Swimtether™ 4"-6" back from the edge or lip. (Fig. 2)
3. For odd shaped pools Install the unit so that the maximum amount of Swimming area is obtained (Fig. 3)
4. For above ground pools & wood deck installations; a back plate (wood/metal) is recommended.

NOTE: A Minimum of 14 feet of swimming space is needed for pools

INSTALLING THE SWIMTETHER™ (Existing Pools)

Base installation in concrete

Materials:

- Drill (hammer drill works best)
- 1" Masonry Drill Bit
- Hydraulic Cement (available at your local hardware store)
- Damp Cloth

Steps:

1. Locate the exact location for the SWIMTETHER™ SYSTEM by measuring and marking the station or stations. (See location instruction above)
2. Drill a 1" hole 2 ¾" deep. *Note: the use of it hammer drill works the best!*
3. Clean the hole and surrounding area with wet cloth, removing all the drilling powder. Fit the base into the hole to make sure it goes all the way in. The round plate should be flush with the deck.
4. Now mix the hydraulic cement with the water in it small cup or bowl. Mix about ¾ of the powder with the water until it has the consistency of a thick gravy. Pour the grout into the hole about 1/3 full. Press the base into the hole. Let the grout set 2-3 hours before using. If the pool is in use, cover the base with a damp cloth or towel. Clean up all excess grout with a wet cloth or towel.

Base installation into a wood deck

Materials:

- 1" Wood Drill Bit
- Heavy Duty Adhesive such as Liquid Nails

Steps:

1. First, find a spot where you want you Swimtether™ to be. The spot should be close to the edge of the deck, near the water.
2. Find a cross member underneath the planking *note: normally a 2 x 4 or 2 x 6*
3. Drill a 1" hole that is 3" through the planking and into the cross member underneath the planking. Try to drill as close to the center of the cross member as possible.
4. Clean the hole and place the base in the hole. *Note: make sure that it goes all the way down so the plate is flush on the wood deck*
5. Remove the base and mix the grout, adhesive, liquid nail based upon instructions. If using grout, use the instructions explained in concrete instructions above. If using other materials follow instructions on the back of the product.

INSTALLING DURING POOL CONSTRUCTION (New Pools - no drilling)

Materials:

- Hydraulic Cement (available at your local hardware store)
- 1" PVC pipe 4" long
- Masking Tape
- Damp Cloth

Steps:

1. After determining where you will install the Swimtether™ base in the pool deck (see instructions above) and you are ready to pour, place a 1" outer diameter (OD) PVC sleeve into the spot where you want the base installed.
2. Place the PVC sleeve in the wet concrete deck, taking care that it is flush with the deck and straight up and down.
3. Tape the end of the PVC sleeve so it will remain clean inside. This will provide a receptacle for the base.
4. After your pool deck is complete with the final finish in place, you are ready to concrete the base in place.

INSTALLING THE ADAPTER BASE COMMERCIAL

If your commercial base is equipped with an adapter unit, the unit will fit into any permanent 2" socket, such as a starting block socket or a flag pole socket. This makes the unit portable and easily transported from one swimming location to another.

1. To use this base, simply remove the starting block or flagpole to

accommodate the adapter base. Place the base in the socket. It should fit snug and go all the way into the plate. If the base is not snug, a few wraps with some duct tape will take up the slack.

2. Now put the pole into the base and you are ready to swim any normal routine.
3. If you decide to permanently install the adapter unit, follow the instructions for the “Base Installation in Concrete”, increasing the diameter of the hole to accommodate the adapter unit.

MULTIPLE INSTALLATION LOCATION INSTRUCTIONS

Always measure to be sure the bases are properly spaced. A minimum of 5 feet is recommended between each station when using the commercial base. A minimum of 3 feet is needed from the side of the pool to the first station (see fig 5). A minimum of 15 ft travel out distance is needed when swimming head to head.

NOTE: To determine distance from pool edge, see Figs 5a, b, c.

INSTRUCTIONS FOR USE

1. Enter water in shallow end of pool!
2. Place belt around waist and secure buckle
3. Ease into the shallow end of the pool *DO NOT JUMP OFF SIDE OF POOL & DO NOT PUSH OFF SIDE OF POOL!
4. Begin normal swim routine. Reposition belt for side or backstroke.
5. When you complete your routine remove belt and place at side of pool
6. DO NOT leave belt exposed to direct sunlight for extended lengths of time. This will damage the material and sun damage is not covered by our warranty.
7. DO NOT leave belt or tether in chemically treated water while not in use.
8. Adjust slipknot on pole for required length of tether (adult and child)
9. Remove swim system from deck base if not in use.

NOTE: For model #AC005 (AEROBICS) A stretch cord is included. This item is “clipped” to the tip of the pole and to the stretch cord ring on the back of the belt. The standard length is 6 feet and stretches to 14 feet. When using this cord it is best to start your stroke slowly and feel the resistance build as you move farther away from the poolside. This setup is ideal for water walking and rehabilitation.

For questions or concerns regarding installation:

Visit our website: www.SwimTether.com

Toll Free: 1-877-4-TETHER (877-483-8437)

Email: info@swimtether.com

Diagrams:

Fig.1
Flat Lip or Edge

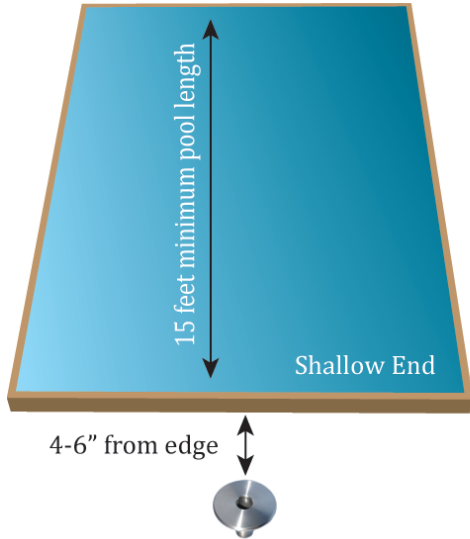


Fig.2
Raised Wood / Metal Deck

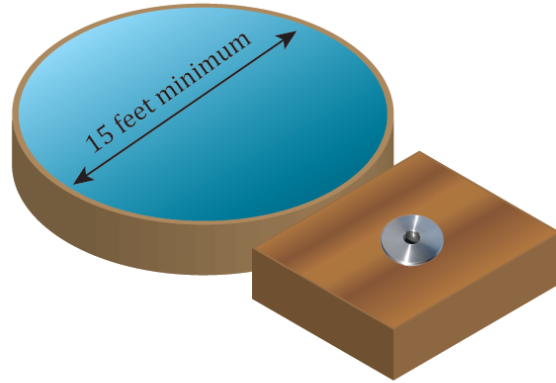
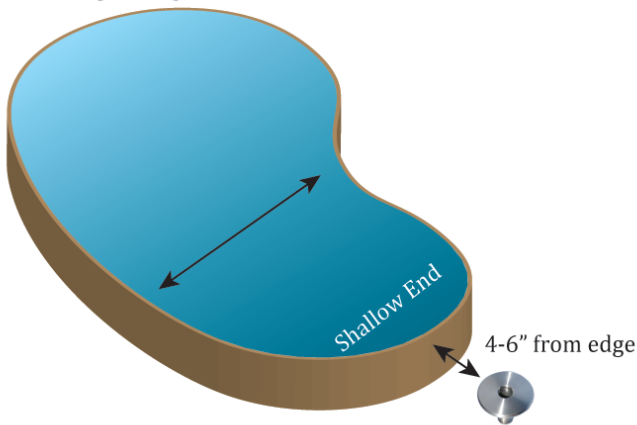
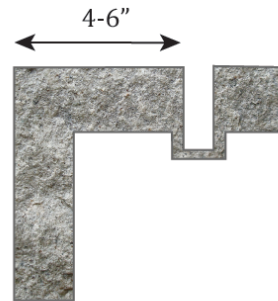


Fig.3
Flat Lip or Edge



WITHOUT Lip



WITH Lip

